

# JUGGLING AND CIRCUS ARTS



Thursdays,  
7:30-9:00 pm

January 11th – February 8th,  
February 15th – March 15th

Baxter Elementary

Instructed by Jim Kerr

Adults \$50 / Youth \$35

For teens age 12-18yrs & adults 19+ yrs.

This course teaches circus arts with an emphasis on juggling, balancing, and object manipulations. It encourages stretching and moving as a whole body approach to fitness for life. Students will learn tools to: reduce stress; prevent repetitive motion injuries; give them better balance; and improve their coordination.

**For more information, please contact Mandy at 343-4258**  
**Email:** [roylanceaj@muni.org](mailto:roylanceaj@muni.org), **or visit** [www.muni.org/parks](http://www.muni.org/parks)